

BASIC SIERRA ALPINE MOUNTAINEERING COURSE

Eastern Sierra Nevada, California



Description: Learn the basics of mountain climbing in the stunning alpine environment of the Eastern Sierra. This three-day course is a “skills based” training which begins with the basics of snow travel and culminates with an ascent of the Dana Couloir. Learn how to use a variety of tools and techniques for climbing rock and snow as well combining these skills for mixed alpine routes. Introduce yourself to the adventure of summer alpine mountaineering in the Sierra Nevada.

Topics include: Instruction in the use of ice ax and crampons, self arrest, basic ice techniques and glissading, alpine gear orientation, snow climbing techniques, rock climbing techniques, belaying and rappelling, rope systems, anchoring in rock and snow, route evaluation, and natural history.

Itinerary: Day one starts with an 8:00 am meeting at Tioga Pass Resort (see map). Drive to our rock-climbing site, located a short distance away, where rock skills will be practiced until late afternoon (4:00–5:00 pm). Meet day two at the same place but one hour earlier to practice snow climbing skills at the Ellery Bowl, located above beautiful Ellery Lake. The third days, meet early in the morning (4:00-5:00 am) for an alpine start and depart for the Dana Couloir, (40 degree snow and ice) an enjoyable climb up one of the classic Sierra gullies. The summit will finish off the climb, ending the day mid-afternoon as you descend Tioga Pass to your cars.

Location: Sierra Nevada, Tioga Pass and Mt. Dana



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Includes: Professional guide(s)/instructors, group climbing equipment including: technical rock climbing equipment, ropes, harnesses, crampons, ice axes, helmets and permits fees.

Level: Beginning to Intermediate. Participants should be in good to excellent physical condition; previous hiking/backpacking experience preferred no previous mountaineering experience is required. Give us a call if you have any questions.

Dates 2016:

June 17-19

Father's Day

July 2-4

4th of July

August 12-14

September 3-5

Labor Day

Cost: \$625.00

Group Size: Minimum group size is 2 clients and 1 guides with a Maximum of 6 with 2 guides

Note: This course consist of three consecutive day trips, no overnight backcountry equipment is required. Each evening you're free to explore town and natural setting at whatever accommodation you choose: Forest Service campgrounds, motels, and lodges (reservations required), are located only minutes away from daily meeting points, so choose your own style of sleeping quarters. V16.1