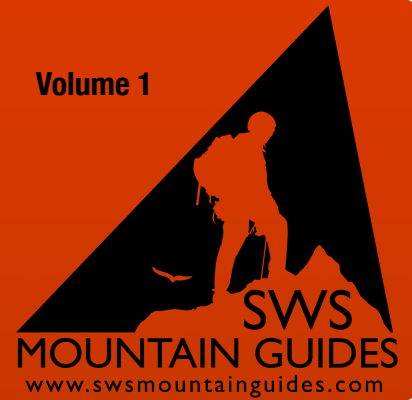


# SWS MOUNTAIN GUIDES



NEW! Mt. Shasta Elevation 14,179 Ft.



Bolivia  
Mountaineering Camp  
September 1-12, 2008  
\$2,595.00  
Confirmed Departure!  
see page 3

## MT. SHASTA GETS HIGHER!

### 14,179 ft. and other Mount Shasta Fun Facts

Mount Shasta (Úytaahkoo in Karuk), a 14,179-foot (4,322 m) stratovolcano, is the second-highest peak in the Cascade Range and the fifth highest peak in California. It is a member in the Cascade Volcanic Arc and is located in Siskiyou County, and has an estimated volume of 108 cubic miles (450 km<sup>3</sup>), making it the most voluminous stratovolcano of the Cascades. Physically unconnected to any nearby mountain, and rising abruptly from miles of level ground which encircle it, Mount Shasta stands some 10,000 feet (3,000 m) above the surrounding area. The mountain is managed by the U.S. Forest Service, Shasta-Trinity National Forest.

The mountain has attracted the attention of poets, authors, and presidents. Shasta was memorably described by the poet Joaquin Miller: "Lonely as God, and white as a winter moon, Mount Shasta starts up sudden and solitary from the heart of the great black forests of Northern California." Naturalist and author

John Muir said of Shasta: "When I first caught sight of it over the braided folds of the Sacramento Valley, I was fifty miles away and afoot, alone and weary. Yet all my blood turned to wine, and I have not been weary since." [7] Theodore Roosevelt said "I consider the evening twilight on Mt. Shasta one of the grandest sights I have ever witnessed."

**Title** Mount\_Shasta ([All coordinates](#))

**Coor-** 41° 24' 33.11" N,  
**dinate** 122° 11' 41.6" W

**Deci** 41.409197°,  
**mal** -122.194889°

- Joaquin Miller sets his historical novel, *Life Amongst the Modocs*, at the base of Mt. Shasta. The poet had spent a number of years as a young man living with and near the Native Americans around Mt. Shasta, and based this work on that time. The first line of the novel is quoted in the first paragraph (above) of this article. Miller also refers to Mt. Shasta repeatedly in his poems and other book-length works, including, for example, *Shadows of Shasta*.

- Frederick Spencer Oliver's 1894 fantasy novel, *A Dweller on Two Planets*, is about the Lemurian race. In the novel, Lemurians who traveled to Mount Shasta when their continent sank beneath the Pacific Ocean, are now said to live inside the mountain in a series of tunnels. Several other authors have since expanded on these ideas.[10] People still claim to have encountered Lemurians on Shasta.
- Mt. Shasta was mentioned in the 1963 comedy classic *"It's a Mad, Mad, Mad, Mad World"* as actress Dorothy Provine searches a map.
- Mt. Shasta is mentioned in *Lost Legacy*, a speculative fiction short story by Robert A. Heinlein as the home of a group of men who are masters of psychic powers and who decide to teach the world their powers by enlisting Boy Scouts.
- The mountain is also part of a key scene in Ken Grimwood's novel *Replay*.
- Mt. Shasta inspired singer-songwriter Vienna Teng's song *Shasta* on her second album *Warm Strangers*.
- Mt. Shasta is the home to and namesake of the Taiko drumming group *Shasta Taiko*.
- Isaiah Washington's character Dr. Preston Xavier Burke mentioned Mt. Shasta to Dr. Hahn in the *Grey's Anatomy* episode *17 Seconds* (2.25). ("He can climb Mt. Shasta on a Dobutamine drip")
- Mt. Shasta is the home of the Western Dragon Hestaby in the *Shadowrun* role-playing game's universe.
- Mt. Shasta is the subject of a poem ("Mount Shasta, Seen from a Distance," 1852) by John Rolin Ridge (Yellow Bird), the Cherokee author.

Information provided by Wikipedia



## Come Climb Mt. Shasta This Summer!

Shasta Summit Climbs:

May: 10-11, 17-18, 24-25, May 31-June 1

June: 7-8, 11-12, 18-19, 21-22, 25-26, 28-29

July: 5-6, 9-10, 12-13, 19-20, 23-24, 26-27

August: 2-3, 6-7, 9-10, 12-13, 16-17, 23-24

Duration: 2 days

Cost: \$425.00

Introduction to Mountaineering with Shasta Summit Climb:

May: 16-18, 24-26, May 30-June 1

June: 6-8, 10-12, 20-22, 24-26, 27-29

July: 4-6, 8-10, 11-13, 18-20, 25-27

August: 1-3, 8-10, 12-14, 22-24, Aug. 29-1

Duration: 3 days

Cost: \$545.00

Intermediate Mountaineering with Shasta Summit Climb via the Hotlum/Bolum Ridge

June: 13-15

July: 14-16

August: 8-10, 22-24, Aug. 29-Sept. 1

Duration: 3 days

Cost: \$545.00

Courses Prices include: Use of Ice Ax, Helmets, Harness, Tents, Stove, Shasta Summit Fees, along with Professional Guides!



## CLIMBING IN BOLIVIA

### Bolivia Mountaineering Camp with Sajama (21,463 ft.) Extension - Highest Peak in Bolivia

High mountains, clear dark-blue sky's, amazing stars, easy access to some beautiful peaks and glaciers, awesome post

climb activities like mountain biking the "Death Road" or single track, wonderful people, really good cuisine, and exploring old Incan ruins.

The Cordillera Real (the Royal Range) of Bolivia is one of the world's major ranges and offers some of the finest mountaineering opportunities in the Andes of South America, but due to Bolivia's remoteness and lack of a large tourism industry the mountaineering has largely been unknown. The experience then is one of climbing in areas that are minimally impacted and quite uncrowded. For those who really enjoy hiking, climbing, and backpacking in the wilderness this is a great opportunity to do so in a very remote and exotic land.

SWS Mountain Guides is really excited about this years trip to Bolivia. While the initial 10 day mountaineering camp will be the same as usual, the 8 day extension will be attempting Bolivia's highest peak, Sajama! This popular trip is designed for individuals with limited experience who aspire to learn the fundamental skills of snow and ice climbing along with glacier travel. There will be abundant



learning opportunities with several chances to practice their new found skills on several peaks, with the trip culminating in an attempt on Sajama. With the comprehensive curriculum and hands on climbing this course is one of our most rewarding adventures in South America. Sound good? Well then you have to come join

SWS Mountain Guides in September for our trip to Bolivia the Adventure of a Lifetime!

**Dates 2008:**  
September 1st -12th, 2008  
April: 15th-30th, 2009  
Cost: \$2,595.00  
Departure confirmed

## MEXICO VOLCANOES

Want to experience climbing at Higher Altitudes without spending a fortune in time and money? Come join us for our Introduction to High Altitude Mountaineering in Mexico. Climbing both Iztaccihuatl (17,342 ft.) and the Third Highest Peak in North America, Orizaba (18,851 ft.). Give us a call or visit our website for complete details.

**Dates 2008/ 2009:**  
November 7-16, 2008- SOLD OUT  
January 20-29, 2009  
Cost: \$2,195.00

## ECUADOR EXPEDITION

SWS Mountain Guides High Altitude Mountaineering course is designed to give you the skills to climb high altitude peaks and prepare you for climbing on technical terrain at higher altitudes in Ecuador, Come join us for a fantastic adventure in South America.

**Dates 2008:**  
November 28- December 1, 2008  
Cost: \$2,895.00



## BEST ALPINE MOUNTAINEERING IN CALIFORNIA - THE PALISADES

Spend 5 days in the best Alpine region of the Sierra Nevada, learn mountaineering in this stunning alpine environment. Surround yourself with towering 14,000 ft. peaks and a variety of routes to put your new skills to the test. Join SWS Mountain Guides for either our Basic or Advanced Mountaineering Camp in the Palisades. Very low guide to client ratio provides for individual instruction and lots of climbing time. Courses included ascent(s) of 13,000 to 14,000 ft. peaks. Give us a call or check it out on the our website:

[www.swsmountainguides.com](http://www.swsmountainguides.com)  
under Sierra Nevada

### Basic Mountaineering Camp:

July: 4-6,  
August: 8-10, 22-24  
September: 6-8  
October: 10-12  
Cost: \$825.00

### Advanced Mountaineering Camp:

July: 14-18,  
August: 18-22  
September: 8-12  
October: 6-10  
Cost: \$950.00

Custom Technical Guided Climbs Available, Mt. Sill, North Palisade, Thunder Bolt Peak, Mt. Whitney and more!



# JB'S CLIMBING MOVIE REVIEW

## The Beckoning Silence

Anyone with a passion for climbing movies such as myself should be rejoicing today as Luis Osmond's newest film *The Beckoning Silence* made its US debut at the Alpinist film festival this week. Written by and starring Joe Simpson the story is more of a post-script than a sequel to the critically acclaimed *Touching the Void*.

The story, based on Joe Simpson's book of the same title, recounts the fatal 1936 attempt of the north face of the Eiger and what it has meant for Simpson in his life. Led by

Andreas Hinterstoisser and Toni Kurz, a team of four of Germany's best climbers place together a critical sequence of moves to unlock the key to the dangerous face climb. Then, with what they believe to be the crux behind them, they are forced down off the upper face when an expedition member is struck by a fall rocking from the upper face. In spite of perilous weather, rock fall and a severely injured climber, the team makes it within shouting distance of safety only to be struck by a fierce avalanche. With Hinterstoisser hurled from the mountain and two other members of the team killed, Toni Kurz is left dangling from a rope 5,000ft above the ground. These event hold eerie similarities to Joe Simpson's own 1985 climbing accident in which he was left dangling at the end of the rope, with a badly broken leg in the midst of a storm, on Peru's famed Suli Grande. For Simpson there was nothing to be done as his partner (Simon Yates) cut the rope and he fell over 150ft to a waiting crevasse below. Joe, then separated from Yates, was forced to crawl for three

days to safety. In the case of Kurz, there was no one to cut the rope, and even if there had been the fall would have been much less



forgiving. His attempt to live, though, was no less enduring and not without his own heroic high altitude efforts.

Osmond's direction has been done masterfully in a style and depiction of authentically (authenticity) recounting a gruesomely historic event. With reenactments interposed with footage from *Touching the Void* and Joe Simpson's own summit of the north face of the Eiger, the movie is artful and enjoyable to anyone who has ever been intrigued by climbing. Despite moments where Simpson seems more like Steve Irwin than a professional climber, the movie grips you from the time the lights go out until they come on again.

JB

### Sierra Wilderness Seminars

Has changed our name to SWS Mountain Guides, same great service, same company, same owners, just a better name to reflect what we do. So look for SWS Mountain Guides in the future, with a new logo, and new website is online with lots of links to our course outlines! [www.swsmountainguides.com](http://www.swsmountainguides.com)



OUR SHASTA OFFICE VIEW

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Mt. Shasta, Ca. 96067

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Fax: 877-797-6867

E-mail: [mail@swsmtns.com](mailto:mail@swsmtns.com)