



## SWS Mountain Guides

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### Backcountry Ski & Snowboard Camps With Mt. Shasta Descent

**General Description:** Find out why Mt. Shasta has the best call the "Best Backcountry skiing Mountain in North America". The west and east sides of Mt. Shasta offer 7,000 ft. descents and extensive variety of terrain for all abilities. Spend five days in the Backcountry learning how to safely ride the slopes and bowls on Mt. Shasta! Instruction includes snow camping as well as backcountry riding techniques for all snowboarders, telemark skiers, randonnee skiers from intermediate level to advanced levels are welcome. Includes a Mt. Shasta a summit bid and spectacular 7,000-ft descent back to our camp.

**Location:** Mt. Shasta Wilderness Area, Mt. Shasta (14,162 ft.)

**Itinerary:** After meeting at 8:00 am on the first day, we will ski into the backcountry and establish a base camp on the west or east (depending on the course) slope of Mt. Shasta with the afternoon spent learning ice ax and crampon skills, avalanche safety protocols, and establishing our camp. On day two and three we will explore the surrounding area for excellent riding, honing our backcountry skiing/boarding skills for the next days descent. For day four, we are up early (alpine start 2-3 am) for the climb to the summit and a 7,000 ft. vertical ride to our vehicles at the trailhead, of course picking up our camp on the way!

**Food:** Group breakfasts, dinners and hot beverages are included. Please bring your favorite, high calorie, high carbohydrate lunches and snacks. Feel free to bring any special treats!! (To share with your new friends and guides)

**Level:** Intermediate to Advanced: participants should be in excellent physical condition. Intermediate to Advanced 3-pin skiers, Snowboarders, Telemark and Randonnee skiers are welcome.

**Dates 2009:** West Slope of Mt. Shasta / Hidden Valley: April 16-19, May 7-10.  
East Slope of Mt. Shasta / Wintun Snowfield / Hotlum Glacier: May 22-25 (Memorial Day), June 4-7.

**Cost:** \$725.00 (Guide to client ratio is 1: 4)

\*Price includes "Mt. Shasta Enhancement Fees" for summit attempts and parking if needed.

**Includes:** Professional instructor / guide, breakfasts, dinners, and hot drinks, tents, stoves, group climbing equipment, group camping equipment, shovels, probes, avalanche safety equipment, summit permits and permit fees.