



SWS Mountain Guides

P.O. Box 988

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Phone: 888.797.6867 / Fax: 877.797.6867

MT. WHITNEY MOUNTAINEER'S ROUTE

Eastern Sierra Nevada, Lone Pine, CA



General Description: This course offers a practical introduction to alpine climbing-- offering a guided climb of Mt. Whitney via the Mountaineer's Route (class 2-3). This course is a great way to explore and climb the highest mountain in the Sierra Nevada and the lower 48 states. A great climb for the beginning mountaineer or intermediate backpacker who wants to climb this peak with fantastic views of the East Face of Mt. Whitney and many other peaks in the Sierra's. This route is a classic alpine route involving rock scrambling, cross-country hiking, and a short bit of roped climbing. It can be accomplished by anyone in good to excellent physical condition and who has basic backpacking skills. We will teach you the techniques you need to know to safely ascent Mt. Whitney via the Mountaineer's Route. Give us a call if you have any questions.

Location: Mt. Whitney, Eastern Sierra Nevada.

Itinerary: After meeting at Elevations Climbing Shop in Lone Pine at 7:00 am on the first day we will hike into the backcountry and establish a base camp at 11,000 ft. As we hike we will be instructing, holding informal lectures, and preparing you for the next day's climb. On the second day we will rise early for an alpine start, (4:00 am) and climb via the mountaineer's route on Mt. Whitney's northeast side, returning to our base camp by late in the afternoon. Day three we pack up and head down to the trailhead arriving at our vehicles by 3:00 PM.

PLEASE NOTE - This is a best-case scenario. This itinerary is subject to change at the guide's discretion and is dependent on mountain conditions, group experience/expectations, and other factors we cannot anticipate.

Food: Group breakfast(s), dinner(s), and hot beverages are included. Please bring your own favorite, high-calorie, high-carbohydrate lunches and snacks. Examples: bagels, cheese, dried fruit, trail mix, Clif bars, chocolate, etc.

Level: Beginner to Intermediate. Participants should be in **good to excellent** physical condition. No previous mountaineering experience is required, but some experience in backpacking, rock climbing, or mountaineering is helpful.

Dates 2012: June 22-24, July 1-3, July 7-9, July 13-15, August 17-19, August 24-26, September 1-3, September 13-15, September 28-30

Additional dates maybe available for groups or individuals give us a call!

Cost: \$725.00* (Guide to client ratio is 1:4 Group size limited to 8)



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Includes: Professional instruction/guide, breakfast(s), dinner(s), helmets, harness, group-climbing equipment including ropes and safety equipment, ice axes and crampons- if needed, group camping equipment including tents and stoves, permits, and permit fees including Mt. Whitney permit reservations fees. Mountaineering Boots, Snowshoes (if needed in early season) are **NOT** included, but are available for rent either from SWS Mountain Guides (snowshoes) or locally (boots and snowshoes). For more details about equipment please see our equipment list for this course.

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